

PPE	When to use	Care and Maintenance	Fitting requirements
Hardhats	<ul style="list-style-type: none"> • Must be worn one there is an overhead hazard. • Must be worn if identified on the hazard assessment. • Must be worn if it is a condition on the worksite. 	<ul style="list-style-type: none"> • Clean regularly with a damp cloth. • Store out of the sun away from chemicals • ensure harnesses intact. • Check for cracks, dents, impact points and any other damage in a physical nature. • Make sure it hasn't gone past its expiry date. 	<ul style="list-style-type: none"> • Should fit comfortably on the head. • Should be not worn backwards or on top of any other objects such as baseball caps.
Safety glasses	<ul style="list-style-type: none"> • Must be worn when there is a hazard to the eyes. • Must be worn when identified in the hazard assessment. • Must be worn when it is a condition on the worksite. 	<ul style="list-style-type: none"> • Clean your safety glasses daily. Follow the manufacturer's instructions. Avoid rough handling that can scratch the lenses. • Scratches impair vision and can weaken lenses. • Store your safety glasses and a clean, dry place where they will not fall or be stepped on. Keep them in a case when they're not being worn. • Replace safety glasses when scratched, pitted, broken, and bent or ill fitting. Damaged safety glasses interfere with vision and do not provide protection. • Replace damaged parts only with identical parts from the original manufacturer to ensure the same safety rating. 	<ul style="list-style-type: none"> • Ensure your safety glasses fit properly. Eye size, Bridge size and Temple length all very. Safety glasses should be individually assigned and fitted. • Wear safety glasses so that temples fit comfortably over the ears. The frame should be as close to the face as possible and actually supported by the bridge of the nose.
Work boots	<ul style="list-style-type: none"> • Must be worn on all job sites at all times. • Must be worn when identified in a hazard assessment. 	<ul style="list-style-type: none"> • Use the Protective Coating to Make Footwear Water Resistant. • Inspect footwear regularly for damage • repair or replace worn defective footwear. • Electric shock resistance of footwear is 	<ul style="list-style-type: none"> • Walk-in new footwear to ensure it is comfortable. Boots should have ample toe room.

Work Boots	<ul style="list-style-type: none"> Must be worn if it is a condition on that particular job site 	greatly reduced by wet conditions and with wear.	<ul style="list-style-type: none"> Make allowances for extra socks or special arch supports when buying boots. Boots should fit snugly around the heel and ankle when laced. Lace up boots fully. I cut boots provide support against ankle injury.
H2 S monitor	<ul style="list-style-type: none"> H2 S monitors should be used on any site that could contain H2 S. They should be worn when identified in a hazard assessment. They should be worn when it is a condition to work on a specific site 	<ul style="list-style-type: none"> Monitor should be bumped tested daily by a qualified person or a person who's been trained to bump test that particular monitor. Workers should be adequately trained to use the monitor and know how to test to see if it's working. Monitors should be stored in a clean and dry place out of the sunlight and not exposed to great heat. 	<ul style="list-style-type: none"> Monitors should be worn between the waste and the shoulders. Monitor should be worn on the outside of the clothing so they can detect the gases they're supposed to. Monitor should not be cleaned with an alcohol-based substance as it might affect the sensors.
Fire retardant coveralls	<ul style="list-style-type: none"> fire retardant coveralls should be worn on all oilfield sites. They should be worn when identified in a hazard assessment. They should be worn when it's a condition 	<ul style="list-style-type: none"> Coveralls Should Be Inspected Daily for rips tears and any zipper damage. Coveralls should be washed regularly and not allowed to be worn when contaminated with substances that might affect the retardant on the coveralls. Coveralls shall not be worn if the sleeves are torn and tattered and pose a risk of getting caught in moving parts. The zipper 	<ul style="list-style-type: none"> Coveralls Should Fit comfortably and not have a lot of extra length in the arms and legs. Coveralls should not be modified such as cutting off arms or legs for summer wear. Coveralls should not

Fire retardant coveralls	of employment on the lease you're on	<p>is broken and will not protect worker or his clothes from damage.</p> <ul style="list-style-type: none"> Coveralls may not be modified by cutting off the sleeves or cutting off the legs for summer work wear. Coveralls must be inspected daily before use 	pose a tripping hazards, or hazards of getting caught by virtue of them being loose fitting.
Leather gloves or rubber gloves	<ul style="list-style-type: none"> Leather Gloves or rubber gloves should be worn to protect the hands. They should be worn if identified on a hazard assessment. It is a requirement to work on the local job site 	<ul style="list-style-type: none"> Gloves Should Be Inspected for Tears and holes before use each time. Gloves should be stored in a clean dry place. Gloves should be replaced when they are torn and pose a risk of the workers hand getting caught in a machine. Never use gloves that have been soaked with an unknown liquid. Things like methyl hydrate absorb into the skin and could make you very sick without you even knowing where it came from. 	<ul style="list-style-type: none"> Gloves should fit comfortably and not have access length past the fingers. Always use your own gloves as everyone's hand sizes different and their personal taste varies. Never wear gloves that don't fit properly or are the wrong size.
Face shields	<ul style="list-style-type: none"> Face Shield Shall Be Worn when the equipment air operating calls for it. When it is identified in the hazard assessment. When it is part of the safe work practice or procedure. 	<ul style="list-style-type: none"> Face shields shall be stored in a clean dry place. Inspect the face shield for cracks or scratches that might impair vision before use. Wash face shield with soap and water at regular intervals. Always adjust the headband so that face shield fits correctly before using. 	<ul style="list-style-type: none"> Face shield should fit comfortably and protect the eyes and face. Headband should do up snugly so it's tight against your head. Face shield should come down far enough so that sparks cannot go underneath and burn the skin or eyes.
Filter masks	<ul style="list-style-type: none"> Filter masks are to be worn when it is required on and MSDS 	<ul style="list-style-type: none"> Filter mash should be stored in a clean dry area. Filters that have not been used should remain in their boxes until they are 	<ul style="list-style-type: none"> filter mash should be adjusted so they fit comfortably but tight

<p>Filter masks</p>	<p>sheet.</p> <ul style="list-style-type: none"> Filter masks are to be worn one it is identified in the hazard assessment. Filter masks are to be worn when it is mentioned in the safe work practice or the safe work procedure 	<p>needed.</p> <ul style="list-style-type: none"> Always ensure when using a filter masks that the correct cartridge is installed in the mask. The MSDS sheet should tell you the type of cartridge you need and the list of cartridge is on the wall in the shop should tell you which cartridge you should put in the mask. Cartridges should be replaced regularly according to the manufacturer's specifications. Use alcohol wipes to sterilize the part of the mass that goes over your mouth and nose. Use wipes when you're finished wearing the mass of the next person doesn't get all your germs 	<p>against your face.</p> <ul style="list-style-type: none"> There is an adjustable strap on the back of the filter mask to help you accomplish this. Make sure you adjust the mask where there is no danger so you can take your time and get it adjusted properly. Don't go into the hazardous situation and then try to hold your breath while you're adjusting the filter mask. You should be fit tested and given your own filter mask. Ask your supervisor where you would get fit tested.
----------------------------	---	--	---

By signing below I knowledge that I have been trained in the above-mentioned PPE in the use, care and maintenance of it

Employee Signature

Date